

## **A *Select* List of Resources for More Livable Communities** **Mark Fenton**

- Active Living by Design program, Chapel Hill, NC; [www.activelivingbydesign.org](http://www.activelivingbydesign.org),  
[www.activelivingresearch.org](http://www.activelivingresearch.org). *Model programs & extensive on-line bibliography.*
- AmericaWalks, [www.americawalks.org](http://www.americawalks.org). *A national coalition of local and regional pedestrian advocacy groups and agencies dedicated to making a more pedestrian friendly world.*
- The Big Outside, [www.theBigOutside.com](http://www.theBigOutside.com). *Great resource for all outdoor and adventure pursuits, from trip recommendations to gear reviews, inspiring photos and storkies..*
- Bikes Belong Coalition, Ltd., Brookline, MA: 617-734-2800; [www.bikesbelong.org](http://www.bikesbelong.org).  
*Coalition of bicycle industry supporters of more livable community efforts.*
- Centers for Disease Control and Prevention. [www.cdc.gov/nccdphp/dnpa](http://www.cdc.gov/nccdphp/dnpa). *A site with tons of current data on health and physical activity, and promotional resources.*
- Complete Streets, Washington DC; 202-207-3355; [www.completestreets.org](http://www.completestreets.org). *National campaign to have all road accommodate pedestrians, bicyclists, & transit as well as cars.*
- League of American Bicyclists, Washington, DC, 202-822-1333; [www.bikeleague.org](http://www.bikeleague.org).  
*National advocacy group advancing the Bike Friendly Communities program.*
- Local Government Commission, Sacramento, CA: 916-448-1198; [www.lgc.org](http://www.lgc.org)  
*Huge library of practical planning and transportation guides, e.g. "Real Towns."*
- National Center for Bicycling and Walking, Bethesda, MD; 301.656.4220; [www.bikewalk.org](http://www.bikewalk.org).  
*Organizes the Pro Walk/Pro Bike conference every two years.*
- Pedestrian and Bicycle Information Center, Chapel Hill, NC.; [www.pedbikeinfo.org](http://www.pedbikeinfo.org).. *Technical support for communities; walk- & bike-ability checklists, bike/ped facility design guides.*
- Rails-to-Trails Conservancy, Washington, DC.; [www.railtrails.org](http://www.railtrails.org). *Great help for trails advocates, including research supporting trails' benefits.*
- Rivers and Trails Conservation Assistance, a program of the National Park Service.;  
[www.ncrc.nps.gov/rtca](http://www.ncrc.nps.gov/rtca). *Provides technical support on trails and greenways.*
- Safe Routes to School programs; [www.saferoutesinfo.org](http://www.saferoutesinfo.org); [www.saferoutespartnership.org](http://www.saferoutespartnership.org).  
*Information on organizing event & national registry, and launching SRTS programs..*
- Surface Transportation Policy Project, Washington, D.C. 202-466-2636, [www.transact.org](http://www.transact.org).  
*Publishes Mean Streets (loaded with pedestrian data).*
- Victoria Transportation Policy Institute, Victoria, BC; [www.vtpi.org](http://www.vtpi.org). *Invaluable transport data.*
- Walkable Livable Communities Institute, [www.walklive.org](http://www.walklive.org). *The non-profit training and community change institute of Dan Burden, one of the nation's leading experts on healthy, sustainable community design.*

Resources  
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Books by Mark Fenton:

THE COMPLETE GUIDE TO WALKING FOR HEALTH, WEIGHT LOSS, AND FITNESS (Lyons Press, 2001). *A comprehensive guide with a detailed one-year walking program.*

PEDOMETER WALKING (Lyons Press, 2006). *Perfect beginners guide to using a pedometer.*

WALKING THROUGH PREGNANCY & BEYOND (Lyons Press, 2006) *by Mark & Lisa Fenton.*